Oh, man, I do get distracted easily, don't I? Do forgive me for getting caught up in this new Smash Bros game, I'll just make it up to you in the best way I can.

I want you to close your eyes, and just relax. Just take a few deep breaths in and out. Slowly, calmly, let your body relax your mind, and your mind relax your body. Feel your entire body slowly grow numb and heavy. As it becomes more and more relaxed, it becomes harder to move. Although, it feels so good, you wouldn't want to move it anyway, so the thought of moving doesn't even cross your mind. In fact, it's slowly becoming difficult for any thought at all to cross your mind, as your conscious slowly fades away. Just let this happen, as you begin to go into a state of blank trance. It feels so good to let your mind fade away, not needing to think at all. Know that all you need to think about are the words I'm about to tell you. Since my words are the only thing for you to focus on, you will have a much easier time accepting them as the truth. Whatever I say you see, you will see. Whatever I say you feel, you will feel. Whatever I say you are, you will become. Now, just relax as we go on a rather interesting journey.

Look around you now, and see that you are in the middle of a dark swamp. Although, you may not be able to see much through the thick fog, or the hundreds of trees along your path. As you walk along a small muddy path, you begin to notice just how hot it is here. It's a thick, muggy heat, one that just keeps getting hotter and hotter. The heat begins to get to you, and you feel incredibly thirsty. Oh, and of all days to forget your water bottle. You figure that you should just keep going, and hopefully this swamp will end soon. However, as your thirst increases, you begin to give up on that and try to find something to drink nearby. However, the only thing you have to work with is the swamp water, which, quite frankly, looks far from drinkable. But hey, it beats nothing, so you kneel down and scoop up some water with your hands. the water feels warm, but as you take a drink, you notice it tastes just like regular water. Actually, it's quite refreshing, and it's enough to make you completely forget how thirsty you were.

But.. something's off here... as the water slides down your throat, you feel your tongue beginning to swell up. It's swelling up so fast, that you hardly have any time to question just what was in that water. As you tongue swells up at an alarming rate, you're soon forced to keep it out of your mouth, but it just keeps getting longer. You're not sure what to do, but as it keeps growing, you try to wrap it around your neck like a scarf, so that it doesn't touch the muddy ground. After a couple wraps, your tongue finally stops growing, and you breath a sigh of relief. But your relief is short-lived, as you notice your hands out of the corner of your eye. Of course, they touched the water, too, so it only makes sense that they would change. The moment you realize this fact, your fingers slowly merge together into a single flat mass, while the skin on them becomes smooth and slightly moist, like the skin of a frog. Your fingers then separate slowly, but now, there are only three fingers, instead of five. Also, a thick webbing connects your new fingers, and a round suction cup tips the end of each finger, finishing the look. Now, this sudden change comes as quite a surprise to you, and the shock of seeing your hands and tongue is enough to make you feel a bit light-headed. So much so that you stumble a little bit, which causes you to fall right into this strange water. The very second you fall

in, your whole body begins to feel strange, as everything seems to slow down around you. It's a rather strange feeling, but not as strange as the feeling in your feet. You feel your toes merge from five to two flat, smooth appendages, and then spread apart from each other, being connected by a thick webbing, similar to your hands. Also, a small spike grows out of the back of your heel, which will allow for better balance and stability. The feeling then spreads up your legs, changing your legs as it moves upwards. As your skin becomes smoother, your lower legs become thinner, while your upper legs become wider, but this strange unbalance feels quite natural to you. Actually, unbalance is a rather unfitting word, as you can already feel much more agile and stable than you ever have been, but the sensation only grows, as the water forms a bubble on each of your knees, helping your movements become swifter, as if your legs were light as air. And now, the feeling travels up to your waist, where you feel a small tail emerge from the base of your spine. The tail is short and pointed at the end. As small as the tail may be, it does provide even more balance. Now, the feeling moves up your torso, covering it completely with smooth skin, and causing it to become slightly thinner than before, to reduce your weight and improve your agility even further. And now, the feeling covers your arms, as your new skin bridges the gap between your torso and your hands. While your upper arms become slightly thinner, your lower arms bulge slightly, as another bubble appears on each arm, allowing your arms to move guickly and smoothly. And finally, The sensation covers your head, starting with your face forming a smooth point in the middle, with a fin going across the center of your face, and extending slightly behind it. As the fin grows across your face, your eyes move apart from each other until they both face sideways, away from each other. Fortunately, you can still see forward just as well as you could beforehand. And now, your ears grow and extend behind you, forming two large fins, which then connect to the center fin with a thick webbing. As you surface from the water, you become aware of your new body, and become quite comfortable with the changes. In fact, you quickly grow to like your new form, from the smooth skin to the agile frame, you realize just how fun it is to be in this body. In fact, your mind adjusts to it quite easily, and before you even know it, you accept what you are completely. heart, body, mind, soul, you are now a Greninja, the ninja-frog Pokemon, and you are ready to have some fun with this new body.

Now, you can slowly start to wake up, but when you do, you will still retain your new form, and who could blame you? All you need to do is let your mind believe that you are a Greninja, body, mind, and soul. You know how good it feels to be in this form, and you want to be in it as much as you can, but you still know that there will be times when you need to change back, so I will provide you with a means of changing between these forms. If you say "Become a Greninja" then you will change into the form you are in now, but if you say "return to normal" then you will change into your previous form. But for now, feel free to try out this new form, but do remember to be careful. The life of a ninja is a dangerous one indeed.